



YMCA BUZZ

December 2014

This Month's Top Stories

Fluoride Treatment

The Porcupine Health Unit will be here on Tuesday December 16th at the Timmins Family YMCA to give fluoride treatments to the children in our childcare program. Children will be brought to the gym starting at 9:30 am to receive the fluoride treatment. If you would like your child to receive the treatment, please fill out a form and return it to your child's teachers. If you have any questions, or would like more information, please contact the Main Office at 705-360-4381.

Christmas Concert 2014

It's the most wonderful time of the year! To celebrate the Holidays, the Timmins Family YMCA will be holding its annual Childcare Christmas Concert. The concert will be taking place on Saturday December 20th, 2014. In order for the concert to start promptly at 10:30, we ask

that the children arrive no later than 10:00 am. If you will be attending the concert, you must RSVP. All RSVPs must be handed in to the Main Office no later than December 12th.

Winter Clothing

As part of our childcare program, the children participate in outdoor activities twice a day, for a total of two hours of outdoor play each day. With winter weather now upon us, we want to remind parents that their children must be dressed appropriately for outdoor play. Children should come to the YMCA with the following items in order to be well-dressed for the outdoors:

- Winter Jacket
- Snow Pants
- Winter Boots (must also have indoor shoes)
- Mittens
- Winter Hat

Birthdays



Collin T.
December 11th

Nathan T.
December 11th



Kole K.
December 15th

Dominic L.
December 24th

Parker P.
December 29th



Upcoming Events

		DECEMBER						
S	M	T	W	T	F	S		
	1	2	3	4	5	6		
7	8	9	10	11	12	13		
14	15	16	17	18	19	20		
21	22	23	24	25	26	27		
28	29	30	31	1	2	3		

Friday Dec. 12th- Christmas Concert RSVPs are due

Tuesday Dec. 16th- Fluoride Treatment

Saturday Dec. 20th- Annual Christmas Concert

Monday Dec. 22nd- Crazy Christmas Sweater Day

Tuesday Dec. 23rd- Red and Green Day

Wednesday Dec. 24th- PJ Day (YMCA CLOSED AT 3:00)

Thursday Dec. 25th- YMCA CLOSED

Friday Dec. 26th- YMCA CLOSED

Monday Dec. 29th- Rainbow Day

Tuesday Dec. 30th- Backwards Day

Wednesday Dec. 31st- New Year's Eve Dress Up Day
(YMCA CLOSED AT 3:00)

Thursday Jan. 1st- YMCA CLOSED

Friday Jan. 2nd- Jersey Day

Did You Know?

- If you were to receive all of the gifts from the song "The Twelve Days of Christmas", you would have 364 gifts.
- Male reindeer shed their antlers around Christmas time. This means that the reindeer pulling Santa's sleigh are female.
- In Poland, spiders or spider webs are a common decoration for Christmas trees. This is because, according to legend, a spider wove a blanket for Baby Jesus.
- The song "Silver Bells" was originally called "Tinkle Bell", until the wife of one of the composers suggested they change it.
- A Christmas wreath hanging on your front door is a sign of welcome and long life for all who enter.

Recipe of the Month: White Chocolate Candy Cane Fudge

Ingredients:

- Cooking spray
- 6 tablespoons unsalted butter
- 1 teaspoon vanilla extract
- 2 cups sugar
- 1 cup heavy cream
- 3 cups white chocolate chips
- 1 teaspoon salt
- 3 ½ cups mini marshmallows
- ½ cup crushed candy canes

Instructions:

- Line a 9x13 baking dish with two sheets of waxed or parchment paper in a crisscross manner (so ends hang over the edges of the dish). Coat evenly with cooking spray.
- In a large saucepan, over medium heat, cook sugar, salt, butter, cream, and marshmallows, stirring until it is almost all melted (5-6 minutes).
- Bring mixture to a boil; cook stirring occasionally (5 minutes). Remove from heat. Add chocolate chips and vanilla; stir until chips are melted. Pour into lined pan. Sprinkle fudge with crushed candy canes.
- Let the fudge cool in the pan at room temperature (3 hours). Use the edges of the paper to lift out the fudge. Place on a cutting board, remove paper, and cut using cookie cutters, or cut into squares with a sharp knife.