



# YMCA BUZZ

October 2014

## This Month's Top Stories

### IMPORTANT NEWS

In April, 2014, the Timmins YMCA Board of Directors approved a new Child Protection Policy and Procedures. This is in conjunction with a national Y Canada initiative to make all YMCA's across the country a safe place for all children, youth, vulnerable adults and adults. We will be implementing some new procedures to ensure the safety of your children while attending our programs. An update to these procedures will be added monthly to this newsletter as well as letters to parents/guardians.

Please keep the following procedures in mind:

- Always contact the Main Office or notify your child's program staff when someone other than the parent/guardian will be picking up your child. Please remind them to bring ID with them.
- Always contact the Main Office when your child will be absent.
- Always contact the Main Office when you are picking up your child from school, and they will not be attending our afterschool programs.
- You MUST sign your child in and out every time.
- When dropping off, or picking up your child, please remember to close the room door behind you.

### Trick-or-Treat!



On Friday, October 31<sup>st</sup>, our childcare will be heading to the Timmins Square to go trick-or-treating. Please provide a bag, or container to collect the treats, as well as a change of clothes for your child, so they can change out of their costumes once we return to the YMCA. The bus will be leaving the YMCA at 9:30 am, and we will return before lunch at 11:30 am. Permission forms for this field trip will be available in your child's room. If you have any questions, or would like more information, please contact the Main Office at 705-360-4381.

### YMCA Peace Medallion

Each year, YMCA's across Canada celebrate acts of peace by recognizing individuals and groups who, without any special resources, status, wealth or position, have demonstrated a commitment to building peace within their community or communities elsewhere in the world. We are now accepting nominations for the YMCA Peace Medallion. During Peace Week (Nov. 15<sup>th</sup> – 22<sup>nd</sup>), we will be awarding a medallion to a deserving youth, adult, and group. To make a nomination, or for more information, download the Nomination Form from our website: [timminsymca.org](http://timminsymca.org). **Nominations due October 31<sup>st</sup>.**

## Upcoming Events

### OCTOBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

#### October 9<sup>th</sup>

Pasta Fundraising orders are due

#### October 10<sup>th</sup>

Picture Day

#### October 13<sup>th</sup>

Thanksgiving. YMCA closed

#### October 31<sup>st</sup>

Halloween. YMCA childcare will be going to the Timmins Square at 9:30 am to go trick-or-treating

\*\*\*Birthday party packages and gym rentals are now available. For birthday party packages, you can choose from 8 different themes. The party package includes a party host, 2 slices of pizza per child, juice and cupcakes, a special gift for the Birthday Boy/Girl, goodie bags for each child, and theme related activities. If you would like to do your own theme, or looking for a space for a bridal or baby shower, our gym is available to rent. For more information, please contact the Main Office at 705-360-4381\*\*\*



**Elliot W.**

October 1<sup>st</sup>

**Bennett D.**

October 3<sup>rd</sup>

**Claire A.**

October 6<sup>th</sup>

**Griffyn C.**

October 6<sup>th</sup>

**Kali D.**

October 12<sup>th</sup>

**Riven F.**

October 12<sup>th</sup>

**Zachary M.**

October 14<sup>th</sup>

**Quinn R.**

October 17<sup>th</sup>

**Tyler S.**

October 17<sup>th</sup>

**Parker V.**

October 17<sup>th</sup>

**Bryson C.**

October 26<sup>th</sup>

**Caleb G.**

October 29<sup>th</sup>

## Birthdays

## Recipe of the Month: Zombie Boogers

### Ingredients:

- 16-20 cups of popped popcorn
- ½ cup butter
- ½ tsp vanilla extract
- ½ teaspoon salt
- 1 cup sugar
- 2 teaspoon green food colouring
- 1 teaspoon baking soda
- ¼ cup corn syrup

### Instructions:

- Preheat oven to 250° F
- In a medium saucepan, over medium heat, melt butter. Stir in sugar, corn syrup, and salt. Bring to a boil while stirring consistently. Once it is boiling, let it boil without stirring for about 4 minutes. Remove from heat and stir in vanilla and green food colouring. Stir in the baking soda (this will cause the mixture to almost double).
- Place popcorn on two large baking trays. Pour green mixture over top and stir to evenly coat. Place in the oven. Stir the popcorn every 15 minutes for 1 hour. Remove from oven and let it cool, then break into pieces.